

# Lots of kids will get a new smartphone with a built-in camera this Christmas...

Although they may not admit it, children are also worried about things that can happen *by-phone*.

Engaging with your kids can help build the confidence & resilience they need to cope.



For example, a regular sit down meal is a great way of encouraging kids to open up.

It allows them to chat more freely about things they like on their phones, as well as things they don't.



For kids who need extra help with new technology, *Parental Controls* can also be useful.

For example, the Parental Control *SelfieCop* teaches kids to use their phone's built-in camera safely.



*SelfieCop* reminds kids that any photos or videos they take may ultimately be seen by anyone.

*SelfieCop* also allows parents to monitor their child's images to help safeguard behaviour.



Download the *SelfieCop* apps for free at [www.selfiecop.com](http://www.selfiecop.com)



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*'SelfieCop is a useful tool to help parents safeguard their children's online activities.'*

Andrew Jackson, AntiBullying  
Co-ordinator, ISPPCC.



SelfieCop is FREE  
till January 2016